

**EXCEL IN THE  
SPORT YOU LOVE**

**BOWLING**



Only  
**\$399**  
Before  
July 1st



**BE A WINNER**



**JULY 21-25**

**SUMMER CAMP  
& TOURNAMENT**

Sponsored by the IBCA.  
Open to all high school bowlers.

# EXCEL IN THE SPO

## THE Details

<b>What</b>	Indiana High School Bowling Summer Camp & Scholarship Tournament Focus on team building while polishing your techniques. Get prepared for the college bowling experience!
<b>Who</b>	All High School Bowlers.
<b>When</b>	July 21-25, 2009
<b>Where</b>	Bowling - Cooper's Sport Bowl    Housing - Anderson University 1920 E. 53rd St.                      1100 E. 5th St Anderson, IN 46013                      Anderson, IN 46012
<b>Ages</b>	Rising High School Freshmen through 2009 Graduated High School Seniors
<b>Cost</b>	\$425 includes Housing and Meals * <b>\$399</b> if paid before July 1, 2010 *      * Call for day camp rates.

## THE Benefits

### **Individual Skills Enhancement**

Focus on both physical and mental aspects of bowling.

### **Video Analysis**

Receive customized instruction based on your individual needs.

### **Team Building**

Experience activities to make you a more desirable teammate.

### **College Recruitment**

Take advantage of one-on-one recruiting opportunities while receiving guidance and instruction from collegiate coaches.

### **Classroom Curriculum**

Learn to:

- play various lanes conditions  
(including house, sport and competition patterns)
- utilize the correct equipment
- convert spares on all playing fields

Presented by: Indiana Bowling Centers Association  
& Indiana High School Bowling



# RT YOU LOVE



## THE Events

Check in at Anderson University Wednesday July 21, 2010  
5:00pm - 7:00pm Then proceed to bowling center.

### Thursday July 22nd, 2010

7:30am-8:45am  
8:45am-9:00am  
9:00am-9:15am  
9:15am-10:30am  
10:30am-10:45am  
10:45am-12:00pm  
12:00pm-1:00pm  
1:00pm-1:30pm  
1:30pm-2:00pm  
2:00pm-3:00pm  
3:00pm-3:15pm  
3:15pm-4:15pm  
4:15pm-5:15pm  
5:15pm-5:30pm  
5:30pm-5:45pm  
6:00pm-7:00pm  
7:00pm-7:30pm

Breakfast at Anderson University  
Bus to Coopers Sport Bowl  
Camp Overview  
Team Black On-lanes/Team Orange Spare Shooting Classroom  
Break  
Team Black Spare Shooting Classroom/Team Orange On-lanes  
Lunch at Coopers Sport Bowl  
Spare Shooting (Cross Center)  
Spare Shooting (Parallel)  
Team Black Fundamentals & Lane Play Classroom/ Team Orange 7-10 Drill  
Break  
Team Black 7-10 Drill/Team Orange Fundamentals & Lane Play Classroom  
"One-Step" Drill  
End of Day Q&A  
Bus to Anderson University  
Dinner  
Supervised Group activities

### Friday July 23rd, 2010

7:30am-8:30am  
8:30am-8:45am  
9:00am-10:30am  
10:30am-10:45am  
10:45am-12:15pm  
12:15pm-1:15pm  
1:15pm-2:15pm  
2:15pm-2:30pm  
2:30pm-3:30pm  
3:30pm-4:30pm  
4:30pm-5:15pm  
5:15pm-5:30pm  
5:30pm-5:45pm  
6:00pm-7:00pm  
7:00pm-8:00pm

Breakfast at Anderson University  
Bus to Cooper's Sport Bowl  
Team Black Ball Motion Classroom/Team Orange On-Lane Sport Condition  
Break Time  
Team Black On-Lane Sport Condition/Team Orange Ball Motion Classroom  
Lunch at Cooper's Sport Bowl  
Team Black Lane Play Classroom/Team Orange On-Lane Sport Condition  
Break  
Black On-Lane Sport Condition/Orange Lane Play Classroom  
7-10 Exercise  
Low Ball Exercise  
End of Day Q&A  
Bus to Anderson University  
Dinner  
Supervised group activities

### Saturday July 24th, 2010

7:30am-8:45am  
9:00am-10:15am  
10:30am-10:45am  
10:45am-11:00am  
11:00am-12:00pm  
12:00pm-1:00pm  
1:00pm-1:30pm  
1:30pm-2:00pm  
2:00pm-3:00pm  
3:00pm-3:15pm  
3:15pm-4:15pm  
4:15pm-5:15pm  
5:15pm-5:30pm  
5:30pm-8:30pm  
8:30pm-8:45pm

Breakfast at Anderson University  
Classroom at Anderson University  
Bus to Cooper's Sport Bowl  
Stretching and Warm-up  
On-Lane Coaching  
Lunch at Anderson University  
Under the Lane Condition w/Diandra  
"Loft" Drill  
2-3-4-6 Exercise  
Break  
Team Black Mental Game Classroom/Team Orange On-lanes Coaching  
Team Black On-lanes Coaching/Team Orange Mental Game Classroom  
End of Day Q&A  
Dinner Pizza Party at Cooper's Sport Bowl  
Bus to Anderson University

### Sunday July 25th, 2010

8:00am  
8:30am-8:45am  
8:45am-9:00am  
9:00am-11:30am  
9:00am-10:30am  
10:30am-11:30am  
11:30am-?

Check-out at Anderson University  
Bus to Cooper's Sport Bowl  
Stretching and Warm-up  
Individual Coaches Exit evaluation  
Drills review/Teamwork review  
Brunch (Family members invited)  
Tournament and Award Ceremony

### Special appearance from:

Chris & Linda Barnes

### Scheduled Coaches:

Head Coach Vincennes University

Gary Sparks

### Strike Ten Entertainment

Director of Education

Kelly Bednar

Celebrity appearances subject to final availability.

**REGISTER ONLINE AT IHSB.ORG**  
**OR CALL 800.424.8962**

# Camp Registration

A parent or guardian must complete the registration form. If you are registering more than one Camper, please complete a separate registration for each Camper.

## CAMPER INFORMATION

Camper's Full Name \_\_\_\_\_  
Street address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ ZIP Code \_\_\_\_\_  
Home Phone \_\_\_\_\_ Alt Ph # \_\_\_\_\_  
Grade entering as of Fall 2009 \_\_\_\_\_  
DOB (MM/DD/YYYY) \_\_\_\_\_  
Age \_\_\_\_\_ Gender \_\_\_\_\_ T-shirt Size (adult sizes) \_\_\_\_\_  
Current 09/10 Average \_\_\_\_\_

## PARENT/GUARDIAN INFORMATION

Parent/Guardian Name \_\_\_\_\_  
Relationship \_\_\_\_\_  
Home Phone \_\_\_\_\_ Alt Ph # \_\_\_\_\_  
**Emergency Contact Information (required)**  
Full Name \_\_\_\_\_  
Home Phone \_\_\_\_\_ Alt Ph # \_\_\_\_\_

### PARENT/GUARDIAN CONSENT AND RELEASE

All campers must have their own medical coverage. The Camp provides only excess coverage (does not cover deductibles) after your insurance policy has been utilized. Campers will not be allowed to participate unless the parent or guardian of the Camper accepts the terms and conditions of the Indiana Bowling Centers Association and Indiana High School Bowling Program Release Statement below. Please disclose any medical concerns.

### Indiana Bowling Centers Association RELEASE STATEMENT

I (We) the undersigned hereby certify that I (we) am(are) the parent(s) or legal guardian(s) of the camper. I (We) hereby give permission for the staff of the Camp to seek appropriate medical attention for the camper and for the medical attention to be given and for the camper to receive medical attention in the event of accident, injury or illness. I will be responsible for any and all costs of medical attention and treatment, except for that covered by the Camp's excess medical coverage policy. I (We), the undersigned for ourselves, our heirs, executors and administrators waive, release and forever discharge Indiana Bowling Centers Association and Indiana High School Bowling Program and its staff, officers, agents, employees, representatives and successors and assign of and from all rights and claims for damages, injury or loss to person or property which may be sustained or occur during participating in Camp activities or while at Camp, whether or not damages, injury or loss is due to negligence. I (We) hereby acknowledge that our child is physically fit and mentally capable of participating in bowling camp activities.

I (We) accept the terms and conditions of the Indiana Bowling Centers Association and Indiana High School Bowling Program Release Statement above.

Signed \_\_\_\_\_

## PAYMENT METHOD

You may submit a \$175 deposit to reserve your space. Balance due prior to July 1 to avoid full tuition. After July 1, please send full tuition balance.

Charge to -  Visa  Master Card  AMEX  Discover

Card # \_\_\_\_\_

Expiration Date \_\_\_\_\_ Security Code \_\_\_\_\_

Signature \_\_\_\_\_

If paying by credit card, the full amount will be charged.

### Please mail checks payable to:

Indiana Bowling Centers Association  
621 Six Flags Dr., Arlington, TX 76011

Camp registration is not valid until payment has been successfully processed.

## Mail your registration to:

IHSB Summer Camp  
621 Six Flags Dr.  
Arlington, TX 76011  
or

## Fax your registration to:

817-633-2940  
or

## Register Faster Online at:

[www.ihsb.org](http://www.ihsb.org)

All online registrants will  
be entered into a  
Prize Drawing!



Indiana High School Bowling  
P.O. Box 5802  
Arlington, TX 76005